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SA Aquatic & Leisure Centre - Site License 9/06/2025 - 1:16 PM
2025 Australian Swimming Trials - 9/06/2025 to 14/06/2025

Event 9 Men 14 & Over 400 LC Metre Freestyle

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World: W 3:39.96 12/04/2025 LUKAS MARTENS, GER
Commonwealth: C 3:40.08 30/07/2002 IAN THORPE, AUS
Australian: A 3:40.08 30/07/2002 IAN THORPE, SLC AQUADOT
Allcomers: ! 3:40.54 18/03/2002 IAN THORPE, SLC AQUADOT
SA QT: Q 3:47.54
=====
Name Age Team Seed Prelims
=====
=== Preliminaries ===
1 SHORT, SAMUEL 21 RACKL 3:41.64 3:43.21Q
r:+0.48 25.57 53.04 (27.47)
1:20.80 (27.76) 1:48.88 (28.08)
2:17.27 (28.39) 2:45.88 (28.61)
3:14.88 (29.00) 3:43.21 (28.33)
2 WINNINGTON, ELIJAH 25 STPET 3:41.41 3:45.49Q
r:+0.50 25.74 53.77 (28.03)
1:22.06 (28.29) 1:50.66 (28.60)
2:19.23 (28.57) 2:47.94 (28.71)
3:16.95 (29.01) 3:45.49 (28.54)
3 GOEDEMAN, BENJAMIN 21 STPET 3:47.03 3:47.17Q
r:+0.72 26.02 54.31 (28.29)
1:22.94 (28.63) 1:51.82 (28.88)
2:20.67 (28.85) 2:50.05 (29.38)
3:19.03 (28.98) 3:47.17 (28.14)
4 GALEA, MATTHEW 23 SOSK 3:49.64 3:50.66
r:+0.64 26.32 54.90 (28.58)
1:23.34 (28.44) 1:52.17 (28.83)
2:21.11 (28.94) 2:50.75 (29.64)
3:20.77 (30.02) 3:50.66 (29.89)
5 MANDER, ALEC 22 STSH 4:00.89 3:51.52
r:+0.73 26.14 54.62 (28.48)
1:23.56 (28.94) 1:53.12 (29.56)
2:22.62 (29.50) 2:52.81 (30.19)
3:22.47 (29.66) 3:51.52 (29.05)
6 MCALPINE, ANDERS 19 GUSC 3:52.44 3:52.04
r:+0.65 25.88 54.18 (28.30)
1:23.08 (28.90) 1:52.99 (29.91)
2:22.80 (29.81) 2:53.12 (30.32)
3:23.43 (30.31) 3:52.04 (28.61)
7 CROSS, TEX 18 HLDR 3:50.92 3:52.54
r:+0.67 26.23 54.64 (28.41)
1:23.72 (29.08) 1:53.33 (29.61)
2:22.76 (29.43) 2:52.57 (29.81)
3:22.64 (30.07) 3:52.54 (29.90)
8 KAMPRAD, NOAH 20 BOND 3:52.35 3:53.08
r:+0.66 26.77 55.85 (29.08)
1:25.14 (29.29) 1:54.81 (29.67)
2:24.47 (29.66) 2:54.69 (30.22)
3:24.52 (29.83) 3:53.08 (28.56)
-----
9 HAWKE, CHARLIE 22 HUNT 3:55.63 3:53.77
r:+0.66 26.42 55.37 (28.95)
1:24.69 (29.32) 1:54.30 (29.61)
2:24.27 (29.97) 2:54.31 (30.04)
3:24.48 (30.17) 3:53.77 (29.29)
10 BENNION, JYE 20 NCOLL 3:56.42 3:54.87
r:+0.65 26.44 56.07 (29.63)
1:25.40 (29.33) 1:55.71 (30.31)
2:25.36 (29.65) 2:55.80 (30.44)

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	3:25.41 (29.61)	3:54.87 (29.46)		

11	BONSALL, ROBERT	23 COP	3:58.50	3:55.05
	r:+0.67 26.53	55.21 (28.68)		
	1:24.65 (29.44)	1:54.44 (29.79)		
	2:24.35 (29.91)	2:54.97 (30.62)		
	3:25.50 (30.53)	3:55.05 (29.55)		
12	LARKE, HARVEY	19 TSS	3:56.59	3:55.73
	r:+0.67 26.52	55.35 (28.83)		
	1:24.82 (29.47)	1:54.80 (29.98)		
	2:24.81 (30.01)	2:55.34 (30.53)		
	3:25.97 (30.63)	3:55.73 (29.76)		
13	DA SILVA, MARCUS	18 CRAN	3:53.61	3:56.04
	r:+0.66 26.30	55.18 (28.88)		
	1:24.98 (29.80)	1:54.87 (29.89)		
	2:25.00 (30.13)	2:55.70 (30.70)		
	3:26.12 (30.42)	3:56.04 (29.92)		
14	LANE, TOMMY	19 CTM	3:55.18	3:56.79
	r:+0.51 27.28	56.80 (29.52)		
	1:26.93 (30.13)	1:57.36 (30.43)		
	2:27.85 (30.49)	2:57.89 (30.04)		
	3:28.29 (30.40)	3:56.79 (28.50)		
15	BUJAK-UPTON, KOBY	19 KPSC	3:56.50	3:56.94
	r:+0.60 26.19	55.46 (29.27)		
	1:24.66 (29.20)	1:54.71 (30.05)		
	2:24.49 (29.78)	2:55.53 (31.04)		
	3:26.70 (31.17)	3:56.94 (30.24)		
16	HAUCK, THOMAS	22 ALLSA	3:54.48	3:57.22
	r:+0.61 26.54	55.85 (29.31)		
	1:25.10 (29.25)	1:55.35 (30.25)		
	2:25.92 (30.57)	2:56.67 (30.75)		
	3:27.71 (31.04)	3:57.22 (29.51)		
17	WILCZAK, GABRIEL	21 GUSC	3:58.72	3:57.62
	r:+0.65 27.26	56.68 (29.42)		
	1:26.37 (29.69)	1:56.99 (30.62)		
	2:27.21 (30.22)	2:57.96 (30.75)		
	3:27.99 (30.03)	3:57.62 (29.63)		
18	METCALFE, XAVIER	18 RACKL	4:00.48	3:57.86
	r:+0.53 26.75	55.96 (29.21)		
	1:25.69 (29.73)	1:55.77 (30.08)		
	2:26.29 (30.52)	2:56.99 (30.70)		
	3:28.06 (31.07)	3:57.86 (29.80)		
19	BEDFORD (V), JOSH	20 USA	4:03.48	3:59.24
	r:+0.64 27.57	57.83 (30.26)		
	1:28.63 (30.80)	1:59.41 (30.78)		
	2:30.31 (30.90)	3:00.38 (30.07)		
	3:30.09 (29.71)	3:59.24 (29.15)		
20	DRYER, CALEB	21 CARL	3:59.53	3:59.31
	r:+0.59 26.77	56.01 (29.24)		
	1:25.85 (29.84)	1:56.44 (30.59)		
	2:27.29 (30.85)	2:58.60 (31.31)		
	3:28.85 (30.25)	3:59.31 (30.46)		
21	HAY, HARRY	20 MLC	3:59.05	3:59.68
	r:+0.71 27.62	57.15 (29.53)		
	1:27.40 (30.25)	1:58.12 (30.72)		
	2:29.01 (30.89)	3:00.23 (31.22)		
	3:30.36 (30.13)	3:59.68 (29.32)		
22	FACKERELL, LUCAS	17 HALE	3:53.76	4:00.17
	r:+0.64 26.55	56.08 (29.53)		
	1:26.07 (29.99)	1:56.57 (30.50)		
	2:27.49 (30.92)	2:58.89 (31.40)		
	3:30.42 (31.53)	4:00.17 (29.75)		
23	SZYMANSKI, JOHANN	20 HLDR	3:52.67	4:00.37
	r:+0.56 26.63	56.00 (29.37)		
	1:26.07 (30.07)	1:56.83 (30.76)		
	2:27.26 (30.43)	2:58.77 (31.51)		
	3:29.83 (31.06)	4:00.37 (30.54)		
24	HIGGS, LUKE	17 WASC	3:58.20	4:00.67
	r:+0.68 27.67	57.66 (29.99)		

	1:28.04 (30.38)	1:58.81 (30.77)		
	2:29.31 (30.50)	3:00.19 (30.88)		
	3:31.05 (30.86)	4:00.67 (29.62)		
25 SMITH, JAMES		19 DAR	4:00.32	4:01.06
r:+0.63 27.59		57.42 (29.83)		
	1:27.74 (30.32)	1:58.43 (30.69)		
	2:29.47 (31.04)	3:00.69 (31.22)		
	3:31.46 (30.77)	4:01.06 (29.60)		
26 MOORE, JOSHUA		18 USCS	4:01.42	4:01.36
r:+0.65 26.99		56.47 (29.48)		
	1:26.54 (30.07)	1:57.08 (30.54)		
	2:28.43 (31.35)	2:59.84 (31.41)		
	3:31.38 (31.54)	4:01.36 (29.98)		
27 ARMSTRONG, BAILEY		26 TSS	4:02.04	4:02.52
r:+0.57 27.66		57.78 (30.12)		
	1:28.43 (30.65)	1:59.43 (31.00)		
	2:30.41 (30.98)	3:01.91 (31.50)		
	3:32.99 (31.08)	4:02.52 (29.53)		
28 WILLIAMS, NATHAN		17 CMBT	4:03.68	4:03.49
r:+0.73 27.56		57.63 (30.07)		
	1:28.28 (30.65)	1:59.31 (31.03)		
	2:30.13 (30.82)	3:01.59 (31.46)		
	3:32.79 (31.20)	4:03.49 (30.70)		
29 POTIER (V), JACK		18 NZL	4:04.06	4:04.18
r:+0.67 27.58		57.71 (30.13)		
	1:28.26 (30.55)	1:59.75 (31.49)		
	2:30.76 (31.01)	3:02.47 (31.71)		
	3:33.71 (31.24)	4:04.18 (30.47)		
30 GILBERT, KAI		17 STPET	4:03.79	4:07.44
r:+0.68 27.77		58.56 (30.79)		
	1:29.16 (30.60)	2:00.21 (31.05)		
	2:30.95 (30.74)	3:02.40 (31.45)		
	3:34.85 (32.45)	4:07.44 (32.59)		
31 AUSTIN, CHARLIE		16 BJETS	4:00.74	4:08.07
r:+0.50 27.00		56.49 (29.49)		
	1:27.07 (30.58)	1:58.39 (31.32)		
	2:30.09 (31.70)	3:03.16 (33.07)		
	3:35.70 (32.54)	4:08.07 (32.37)		
32 MCCLEERY, JACKSON		19 CRAN	4:04.43	4:08.18
r:+0.76 27.05		58.15 (31.10)		
	1:28.72 (30.57)	2:00.26 (31.54)		
	2:31.71 (31.45)	3:04.18 (32.47)		
	3:36.37 (32.19)	4:08.18 (31.81)		
33 MAGOFFIN, NOAH		17 MARIS	3:59.97	4:10.64
r:+0.66 26.73		56.73 (30.00)		
	1:28.00 (31.27)	1:59.89 (31.89)		
	2:32.55 (32.66)	3:05.57 (33.02)		
	3:38.50 (32.93)	4:10.64 (32.14)		
-- GOYEN, JACK		21 MARIS	3:57.83	DQ